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Viewpoints

Observing events in our modern world from the viewpoint of our ascended Savior.

Nothing to Fear ~ January 19, 2017

What we fear will change over time. Here's how to defeat all fears.

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If you're around 17 to 35 years old, you're a Millennial. According to psychologist Jean Twenge, Millennials are generally more confident and more assertive than other generations. Which may explain why a Millennial tends to be more afraid than other generations that he or she is prematurely losing hair.

ABC News just ran an article entitled "Why Millennials Seem To Be Experiencing More Hair Loss." One of those interviewed is Dr. Spann who explains that there's "no evidence hair loss happens more to millennials than to earlier generations." Instead it just appears this way, because "previous generations hid under wigs or just didn't question it." In other words, Millennials are showing their assertive traits by visiting doctors to question what turns out to be normal hair loss. So all you Millennials can relax and breathe a sigh of relief.

Or maybe not. The article also cites the trend among Millennials of avoiding meat in one's diet which may rob the hair of the protein it needs. So maybe some Millennials are in fact experiencing hair loss to a greater degree than other generations.

But if you're a Gen Xer or a Baby Boomer, don't laugh at Millennials fretting over hair loss. We all have fears, whether we're 16, 61 or 106 years old. And what we fear will change over time, as we mature beyond some fears only to pick up new fears.

In the Old Testament the psalmist talked about fear, but in a surprising way. He wrote in Psalm 130: **³If you, O Lord, kept a record of sins, O Lord, who could stand? ⁴But with you there is forgiveness, therefore you are feared.**

Did you notice that the psalmist writes about two different fears? In verse 3 the "if the Lord kept a record of sins" is reason for terror because God's just wrath should condemn each of us for our sins.

But, in verse 4 the psalmist rejoices that the Lord forgives. Elsewhere in scripture we're taught that this forgiveness cost God the suffering, death and damnation of his one and only Son. But to you and me and all who believe, forgiveness is absolutely free. It's this free forgiveness that creates a new and different fear in us— awe and respect. Peaceful awe. Joyful respect. And when the fear of God is used in this context, fear can be translated as faith. To say it another way, God convinces us that he's forgiven us, which enables us to

“fear” him with a faith composed of peaceful awe and joyful respect. It’s this peaceful awe and joyful respect that energizes us to live our lives for him, not for ourselves.

It’s this faith-in-the-Lord fear that’s the antidote for all the other fears that terrorize us, whether we’re a Millennial, a Gen Xer, or a Baby Boomer. For this Lord, who took on flesh to forgive us at the cross, says: **“Fear not, for I have redeemed you”** (Isaiah 43:1). Therefore, we who have faith in the Lord and his promises, have nothing to fear.

Source Material (Links may become inactive over time.)

[Why Millennials Seem To Be Experiencing More Hair Loss](#) @ ABC13.com

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Blessings to you and your loved ones, Pastor Mike Nitz

